



set your compass

YOUR GUIDE FOR SETTING INTENTIONS AT
WORK (OR IN LIFE)



COMPASS GUIDE

The center of our logo is a compass with a flame...

ABOUT CAREER SAFARI

This is a place to break down cultures, class and struggle for women who are pushing to have careers lives they're proud of.

Let your stories and lessons be a light for others.

LEARN MORE

www.thecareersfari.com

Would love to hear how your journey is going!

What to share your story?

REACH OUT!

info@thecareersfari.com

We have always envisioned being a community that encourages women to set your own direction and let your story be a guiding light for yourself and others.

Life can get real hectic and, as humans, we get lost in the craziness. That's why this is a "Compass Guide" rather than a goal-setting sheet. It's not about a race to perfection, but clearing the noise and finding your direction. In the hopes that every day you're waking up confident in how you're approaching life and the decisions you're making.

So wherever you are on your journey - in school, facing retirement - start by appreciating where you are and the person that got you there.

Now take a breath and set your course...

THIS GUIDE WILL HELP YOU

1. Acknowledge and understand your current focus
2. Reset your driving energy
3. Design your anchor statement
4. Identify which new moves to make
5. Build your community of support

CURRENT DIRECTION

Let's start with exploring your life and career as it is today, through your own lens. We celebrate different women because each one of us has our own unique view and experiences - and every journey starts where you are, now.

"WHEN I WAS YOUNGER, I WAS FOCUSED ON MAKING THE LIFE WE DIDN'T HAVE. I WAS TOO FOCUSED ON GETTING A JOB.

I WISH I FOCUSED MORE ON WHAT I WANTED TO ACHIEVE IN LIFE."

Rosette P. — Filipina

Hotel Manager &
Career Safari Torchbearer

Name 3 reasons why you enjoy your work/studies? And 3 reasons why you don't enjoy your work/studies?

When is the last time you stepped out of your comfort zone?

Describe an idea you've been dying to try.

What is really driving you? Your driving energy.

READY YOUR ENERGY

Truth be told, most of the noise and pressure of expectations is in our mind. It may have been put there by others, but we let it get fed. If the energy driving us came from a more positive, encouraging place – how much further could we get?

"I LOOK BACK AND I WISH I HAD BEEN BOLD ENOUGH TO RELEASE MYSELF FROM ASPECTS OF BEING SOCIALIZED SOONER. IT TOOK SOME RECONDITIONING AND SELF-EXPLORATION"

Lola Adele-Oso — Nigerian

Entrepreneur &
Career Safari Torchbearer

Do you pursue goals from a place of pressure or joy - is it something else? Why is that so?

What advice/perspective weighs you down? This is your time to reflect on what is scaring you about living your full career life?

Which words of encouragement do you wish had a stronger place in your mind? Make it your anchor statement!

(RE)SET YOUR DIRECTION

There has been a wonderful rise in women's empowerment. Especially around what a "career woman" should be. So let's be very clear here - THERE IS NOT ONE WAY TO PURSUE A CAREER.

Review your "Current Direction" answers. What would taking a calculated risk look like in your career life? Tip: It's about taking small steps.

Is someone not giving you permission to take a risk? Do you really need their permission? What's the truth about their concerns or your fears?

In the past, what behaviors or lifestyle changes did you make to help you reach or define a goal?

To pursue more of the career life you want, what two new actions can you commit?

"WE HAVE THE INNER STRENGTH TO CHANGE OUR LIVES."

Annamária Porkolab-Minarik — Hungarian

Psychoanalyst & Career Safari Torchbearer

GO, SHINE YOUR LIGHT

Each time we do something different, it's a risk taking move. And with each risk taking move is a new kind of freedom.

Remember your anchor statement!

"AS A KID YOU'RE SELFISH, BUT THEN WHEN YOU GROW UP AND YOU HAVE SO MANY PEOPLE THAT INVESTED IN YOU — PAY IT FORWARD.

... WHEN SOMEONE GIVES YOU THE OPPORTUNITY TO PURSUE YOUR DREAM, YOU HAVE A REQUIREMENT TO HELP OTHER PEOPLE."

Maniya Jules-Miller — Haitian

School Administrator
&
Career Safari
Torchbearer

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Are you in an environment that will support you (emotionally, spiritually or financially)? You might not have all three, and that's okay.

Identify a friend or partner to discuss new ideas with and keep you accountable on taking action? How frequently will you meet?

What physical location makes you feel the most inspired? Think of a convenient place.

#PassTheTorch: Outside of your close circle, how can you support someone else's career journey?